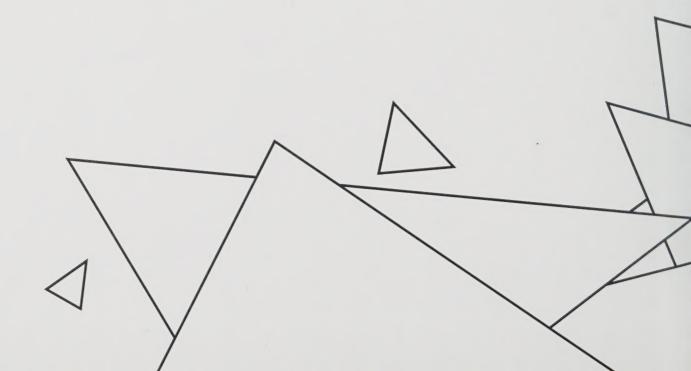


THE LION



Hubbard Memorial Library 24 Center Street Ludlow, MA 01056

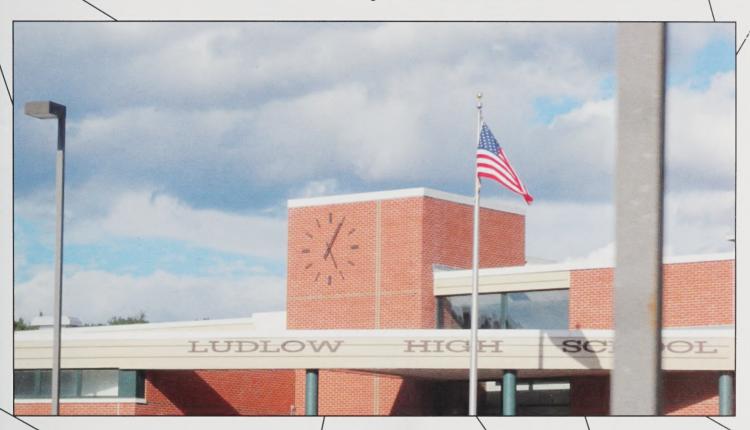
Reference



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A to Z Guide to

Ludlow, Massachusetts



LUDLOW HIGH SCHOOL

500 Chapin Street Ludlow, Massachusetts 01056

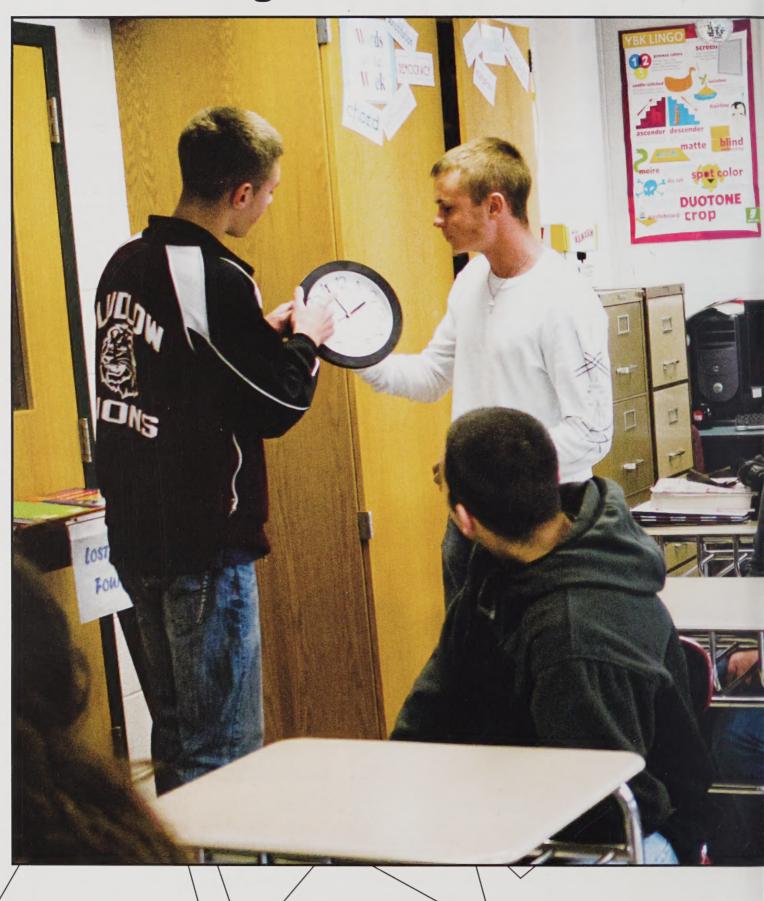
(413) 589-9001

www.ludlowhighschool.org



Hubbard Memorial Library 24 Center Street Ludlow, MA 01056

It's time to go.



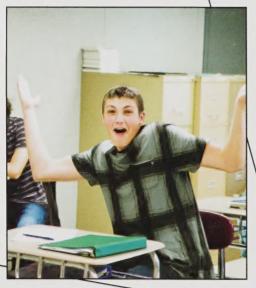


But ...











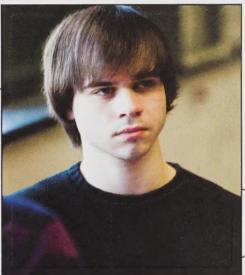
















do we know the way?

Will we forget

















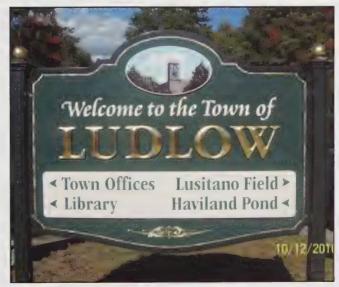
where we came from?











What the people and places were like?





Gather our memories,





















The domain of a function is the set of all input values. These values are the x-coordinates crar









Arrange them A to Z,

13

















And reminisce.





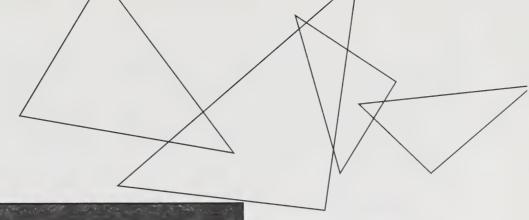


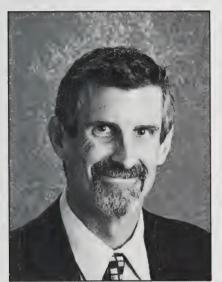




Let the past be the guide to our future.







Mr. Michael Halpin Vice Principal



Mrs. Gina Flanagan Principal



Mrs. Nancy Kurty Vice Principal



Mrs. Linda Duame Guidance Director



Mr. Timothy Brillo Athletic Director

How to run the school.

How to rule the school.



2011 Class Officers (front L-R) Vice President Susan Skaza, Secretary Katie Kimball, President Mike Ziencina, Treasurer Jessica McVeigh. 2011 Student Council Representatives (back L-R) Steven Lopes, Olivia Quiterio, Aimee Goncalves, Nate Gregoire, Alexa Tereso, Senior Patrol Captain Jennifer Auger.



Victoria Allen



Michael Alves



Anthony Amaral



Alexa Anselmo



Peter Anselmo



Jennifer Auger



Tyler Bachorz



Mark Bamford



Jessica Barlow



Marck Bashaw



Antonio Bastos



Justin Batista



Kyle Benoit



Ryan Benoit



Alexander Bernardo



Brett Bohl



Cody Bovat



Angela Bracci



Alexander Brady



Kalee Braga



Zachary Breault



Megan Brosseau



Kayla Bruneau



Rossano Butcher



Kelly Cardarelli



Joshua Carlos



Daniel Carmody



Briana Charbonneau







Shawn Costa



Joseph Curtis



Melanie DaCosta



Angaela Clement

Ethan Dec



Andreia DeSousa



Sergio Dias



Ryan Diaz



Christopher Drewniak



Timothy Drozdowski



Kevin Dusel



Kayla Esteves



Eric Fernandes



Alicia Ferreira



Jessica Ferreira



Maggie Ferreira









Nico Fraga



Nicholas Fratamico



Geoffrey Frost



Erica Gagne



Frank Gallo



Tabitha Gallo



Joshua Garete



Stephanie Garrett



Robert Gavoni



Robert Gillette



Morgan Glanville



Kendra Glinka



Aimee Goncalves



Alegra Goncalves



Alex Goncalves



Briana Goncalves



Nicholas Goncalves



Cristina Gonzalez



Nathan Gregoire



Alexa Grelha



Tatianna Guerreiro



Karli Hanson



Brianna Harris



Tatiana Hoeckh



Jennifer Holley



Priscilla Johnson



Melanie Juliano



Matthew Kakley



Danielle Keyes



Katherine Kimball



William Kimball



Alyssa Kinsey



Kathryn Kozlik



Nicole Lantaigne



Richard LaRocque



Dylan Larrow



Andrew Lavigne



Adam Leecock



Stephen Lopes



Nicholas Mancuso



Giana Manganero



Matthew Marini



Devin Markiewicz





Amanda Marsden



Brittany Marsden





Jakub Matusik



Catherine McCarthy



Sean McCarthy



Kevin McCullough



Alexander McDaneld



Matthew McGovern



Jessica McVeigh



Christian Mendes



Samantha Miele



Melissa Modzelewski



David Morais



Michael Morais



Jeremy Morris



Sarah Mowry



Paige Mullins



James Murray



Kyle Nestor



Brittany Nogueira



Daniel Nogueira



Jacob Olenick



Brandon Oliveira



Alec Ostrowski



Laurie Palatino



Kristina Paliki



Andrew Panek



Kourtney Parent

Christopher Pereira

Caytie Perrin



Michael Patterson









Leanna Pereira

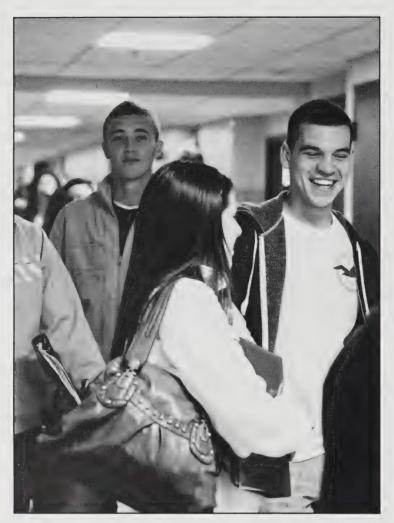
Brian Persson



Thivy Pham









Autumn Phaneuf







Brittni Prince Carissa Prokop









Brandon Quiterio

Nicole Quiterio

Olivia Quiterio







Samantha Rae

Vanessa Rego

Samantha Ribeiro











Sarah Roberts

Fabio J. Rodrigues

Fabio M. Rodrigues

Felicia Rodrigues

Kaila Rosa

Vanessa Roxo













Sarah Russell

Aniel Russo

Kirsten Salmond

Shelby Saloio

Alberto Saraiva

Destiny Sarlan







Brian SIlva



Steven Silva



Matthew Simon



Susan Skaza



Christopher Skora



Randall Smith



Robert Smith



Bianca Soares



Adriana Stewart



Diana Sychtysz



Joseph Targonski



Shawn Tavares



Emily Taylor



Patricia Taylor



Alexa Tereso



Stephanie Trowbridge



Kayla Venancio



Joseph Vitorino



Konnor Walsh



Nicole Washington



Brianne Wheelock



Robert White



Scarlet Wilson



Alexa Wurszt



Zachary Ziemba



Michael Ziencina



How to go green.



2012 Class Officers (front L-R) President Chris Scaliarini (missing) Treasurer Kaila Grenier, Vice President Emily Assarian, Secretary Autumn Ballard. 2012 Student Council Representatives (back L-R) RSAC Representative Laura Fanning, Phil Aniceto, Angela Harrinton, Corey Williams, Bryan Amaral, SAC Representative Steve Talbot, Taylor Simpson.



Melonie Adams



Alexandria Albano



Bryan Amaral



Philip Aniceto



Allison Anselmo



Melanie Arocho



Emily Assarian



Edward Bachta



Johnathan Bachta



Autumn Ballard



Rebecca Barbieri



Ethan Barrieau



Marco Bartolo



Lauren Basile



Darian Bazile



Beaulieu



Christopher Blair



Zachary Blair



Andria Boland



Monica Borges



Chase Bourdo



Kristen Bousquet



Jennafer Boyce



Dagmara Bragiel



Caleb Brown



Haley Buck



Catherine Bunko



Ethan Campbell





Haley Carroll



Adam Carvalho



Paulo Carvalho



Heather Castro



Juliana Cavallini



Jesse Charron



Ryan Chenevert



Burak Citlak







Thomas Cliche



Sydney Clini



Kaitlyn Coelho



William Comtois



Gregory Cormier



Andre Costa



Dylan Costa



Tyler Cote



Paul Crevier



Courtney Cross



Colleen Crowe



Kelly Crowe



Daniel Crowley



Christopher Culhane



Richard Currier

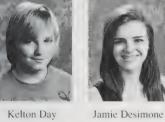


Jake Da Silva



Christine Danek







Briana Deslauriers



Dominique Deslauriers



Matti Dorval



Courtney Dias



Jared Dias



Wesley Dominique











Brandi-Lyn Drinkwine



Andrew Drozdowski



Devin Duarte



Conner Dube



Gina Dunn



Michael Duquette



Olivia Eberli



Laura Fanning



Aleasha Ferreira



Stephanie Ferreira



Cassandra Figueiredo



Jacob Fish



Zachery Flowers



Thomas Forcier



Samantha Forget



Sonia Forget



Mackenzie Foye



Shane Fraga



Joseph Francisco





Shawn Garete



Nicholas Frost



Michelle Gama



Benjamin Gamache



Ryan Gola



Alexander Goncalves



Alexandrea Goncalves



Cassandra Goncalves



Loren Gonyea



Jessica Gates

Nicholas Gow



Daniel Glassman

Matthew Gregoire



Samantha

Kaila Grenier



Nathan Guerreiro



Nicholas Haczynski



Angela Harrington



Dalton Hastings



Stephen Hensley



Amanda Hilario



Corey Hogan



Krista Homich



Davis Horgan



Stefanie Hotaling



Brian Hurst



Julia Jarvis



Chelsea Jeronimo



Alexandria Jueckstock



Eric Jurkowski



Demet Karaaslan



Haily Kelliher



Eva Kernan



Matthew La Coille



Marcus Lafayette



Edward Lapointe



Jacob Leblanc



Claire Lemek



Daniel Lipeles



Kayla Lucas



Andrew Luzio



Jessica Macznik



Lynsey Majka



Nicholas Martin



Aaron Martinez



Olivia Martins



Caitlin McAfee







Ashley Monette





Katie McNamara



Shaun Mello





Ruben Negron



Westley Nelson





Meagan Moorhouse



Brandon Morgado



Christopher Murphy



Luis Murray



Joshua Narreau





Sean Newbury



Casey Nolan



Michelle O'Brien



Shannon O'Neil



Kristen Oliveira



Timothy Pagnoni



Siearra Papuga



Joao Pedroso



Jeremy Pepino



Adam Percival



Kaycee Pereira



Drew Petrolati



Nicholas Pevato



Ashley Picard



Nicole Picard



Samantha Pietras



Tabitha Pike



Jessica Pires



Alicia Porter



Heather Provost



Brittany Prue



Ariana Quesnel



Samantha Rae



Aniesha Renaud



Melissa Ricardi



Ryan Ricardi



Shannon Robitaille









Sarah Russell









Christopher Scagliarini Schinabeck



Andrea Serpas



Crystal Rodriguez





Marisa Santo



Patrick Roy

Gregory Santos



Joshua Santos



Filipa Saraiva



Thane



Adam Sanders-

Fromm

Andrew Sharpe



Heather Silva



Connor Simonds



Taylor Simpson



Sarah Skura



Bianca Small



Michaela Socha



Sakuna Sophak



Meaghan Stack



Vincent Stanek



Matthew Stec



Katherine Stone



Courtney Strange



Ronald Sunderland



Mark Sychtysz



Steven Talbot



Ashley Tashjian



Brandon Tavares



Daniel Taylor

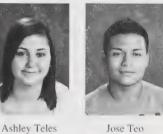


Brandon



Teixeira





Jose Teo



Lauren Tereso



Heather

Kathryn Vaz



Trombley





Payton Vincelette



Joshua Wheeler



Corey Williams

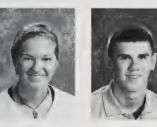


Turschman





Caitlin Van Aller



Kara Yelinek Andrew Zrakas



Nicholas Zucco



Emily Wolowicz



Seckin Yanbul

How to find your way around LHS.



2013 Class Officers (front L-R) President Alyssa Fialho, Vice President Kara Baillargeon, Treasurer Disha Patel, Secretary Lindsay Paradis. 2013 Student Council Representatives (back L-R) Aryelle Texiera, Stephanie McVeigh, Melissa Wojcicki, Jacob LaPierre (missing), Emma Latanzio (missing).



Ava Adamopoulos



Ashlynn Aguilar



Marcelino Alejandro



Michelle Almeida



Brittany Alvarez



Ashley Amaral



Allan Andrews



Jose Aponte



Kimberly Babiec



Christina Bailey



Kara Baillargeon







Katherine Barrett





Drake Bal



Ashley Banks



Christopher Barbeau



Jillian Batista



Royce Beal



Samantha Belanger



Benjamin Belden



Nicholas Bellucci



Caitlin Bernier



Odessa Biathrow



Collin Blake



Dylan Bognar



Kyle Brissette



Stephanie Bryant



Jennie Cadieux



Julianna Cameron



Christopher Cardaropoli



Amanda Carestia



Amber Chisholm



Zachary Clement



Michael Connors



Matthew Corbin



Corey Costa



Guilherme Costa



Philip Costa



Rebecca Costa



Kyle Cote



Ariana Crespo



Carly Croteau



Brian Crowley





Robin Decoteau



Michael Culhane



Kyle Dal Molin



Brian Deso



Carly Devine



Everett Dec

Ana Dias



Cody Dias



Nathan Dias



Katrina Digloria



Aldege Dionne



Jonnathan

Morgan Doherty



Adam Douville



Kelly Drake



Benjamin Dubois



Caitlin Duffy



Colleen Dusel



Delaney Dyjak



Hannah Eberli



Kylie Echols



Sean Egan



Stefan Eriksen



James Esteves



Pedro Esteves



Alycia Eugenio



Christopher Evans



Anna Fairthorne



Tyler Felton-Hoynoski



Jonathan



Sophia Fernandes



Felicia Ferreira



Michael Ferreira



Sarah Ferreira



John Ferrera III



Alea Ferrero



Alyssa Fialho



Christopher Fitzpatrick



Jessica Fonseca



Jocelyn Forcier



Nicholas



Forzano



Taylor Fournier



Catherine Fradette



Alexandra Francisco



Briyari Franco





Caitlyn Fratini



Christopher Ganhao



James Garrett



Ashlee Garvey



Niko Gasparrini



Brianna Gaughan



Stephania Gibbs



Meghan Goggins



Adam Goncalves



Allisen Goncalves



Christopher Goulet



Taylor Graffum



Tessa Grassette



Connor Harrington



Adam Herrick



Katrina Herring



Ashley Hibbard



Steven Hicks



Daniel Hill



Ashley Hitchcock



Lauren Hodovanec



Derek Hoeckh



Jason Hoffman



Alexis Holdsworth



Connor Ingram



Miles Iwasinski



Nicole Jeronimo



Chelsea Johnson



Emmett Joynt





Kyle Juzba



Kaczenski



Lauren Kalesnik



Kieffer Kalesnik-Orszulak



Elizabeth Kania



Chad King



Kristina King



Patrick Klosek



Katrina Kobus



Kyle Kozaczka



Eric Laamanen



Jeremy Lamontagne



Sara Landaverde



Jacob Lapierre



Nicholas



Bryanna Lapointe



Meghan Lapointe



Nathan Lapointe



Sarah Lasky



Emma Lattanzio



Maggie Lau



Michael Lavell



Jon-Luc Lavoie



Jordan Leal



Steven Leandres



Alison Leecock



Konrad Lewandowski



Robert Lizak



Marissa Lozada



Drew Manuel



Sierra Marcus



Stefan Marinello



Theresa Marini



Michael Marshall



Hannah Martin



Aaron Martins



Eric Martins



Machado Martins



Nichole Martins



Tyler Martins



Chad Martowski









Robert McCall



Aaron McNamara



Stephanie McVeigh









Ari Miller



Benjamin Milos



Mohamed Mire



Michael Modzelewski



Garret Montagna



Allison Monteiro



Nicole Moore



Sara Moreau



Kathryn Morris



Victoria Morris



Anna Mowry



Breanna Moylan



Brittany Murphy



Mario Nascimento



Nancy Nguyen



Olivia Nogueira



Stephanie Norris



Thomas O'Brien



Breana Oatway



Lindsey Paradis



Kaitlyn Parent



Jessica Pashko



Disha Patel



Sean Pearce



Mc Kenzie Pedersen



Curtis Pereira



Dylan Pereira



Xavier Pereira



Andrea Persson



Joshua Picard



Audrey Pilon



Michelle Pires



Meghan Plourde



Toriann Portier



Andy Potter



Luis Quelha-Rego



Tyler Quinn



Luis Quiterio



Tyler Quiterio



Bryan Rae







Alexia Reyes



Makayla Reynolds



Elise Roberts





Jonathan Royce







Austin Saraiva



Yvonne-Christine Schwarz



Kelsey Scott-Smith



Dylan



Eric Rucki



Adam Russell



Jordan Sakaske



Samantha

Brian Saloio



Dempsey





Camden Sexton



Emma Sexton



Cody Shameklis



Dylan Shameklis



Jeffery Shields



Caulin Simonds



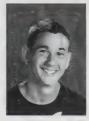
Matthew Slepecki



Brittany Smith



Jordan Smith



Kyle Smith



Tyler Snyder



Maria Stanek



Conner Stange



Aneta Sucharski



Piotr Szczepanski



Stephanie Szmyt



Fabio Tavares



Joseph Taylor



Aryelle Teixeira



Deaven Theriault



Brijaun Thompson



Matthew Thompson



Kyle Tomas



Nicole Turner



Annie Vaudrin



Codie Venancio



Brittany Venne



Cory Vigneault-Kukla



Sophia Villano



Breana Vivier



Abigail Walczak



Zachary Warner



Jessica Wilson



Tara Wilson



Luke Woishnis



Melissa Wojcicki



Ryan Wytas



Sukru Yildirim







Timothy Zhilyaev



Joseph Ziemba



Daniel Ziencina



Jake Zina

How to start off right.



2014 Class Officers and Student Council Representatives (L-R) President Andre Ferreira, Vice President Brandon Watt, Secretary Olivia Wojtowicz, Treasurer Brandon Nowakowski (missing), Jon Lenz, Alondra Moreno (missing) Karina Silva (missing) Shannon Crowe (missing).



Antonio Abrante



Katherine Afonso



Christian Albano



Kani Alli



Jordany Almonte



Yormandy



Christopher Alves



Jeffrey Alves



Nadia Alves



Joseph Andrade



Gina Anselmo



Nicholas Antos



Arancibia



Adrian Archuleta



Judith



Alagail Arnold



Korcan Atmaca



Casey Avery



Ricardo Baltazar



Amanda Banks



Jonathan Barroso



Tyler Bastos



Danielle Bates



Daniel Batista



Ashley Benoit



Jacqueline Benoit



Terrance Beusee



Tiffany Blake



Vitor Blanco



Ivan Borissenko



Kevin Borowiec



Ryan Boudreau-Soares



Kevin Bourgeois



Gianna Bracci-Walsh



Anthony Breault



Alyson Bruneault



Dimitri Bryant



Alexxus Burge



Joseph Burns



Ariana Caci



Shannon Callahan



Luis-Miguel Calvao



Julie Carestia



Ricardo Carvalho



Elizabeth Castro



Devin Cave



Jacob Chappel



Joshua Charest



Christina Charpentier



Daniel Chaves



Samantha Chmiel



Erica Christie



Jessica Coelho



Kyle Coelho



Brianna Colaccino



Ricardo Collazo



Edward Comtois



James Constantino



Khristine Consuegra



Donald Cordeau



Brian Cormier



Denise Costa



Telmo Costa



Tyler Cote



Shannon Crowe



Amber Curry



Steven Dacosta



Cooper Dalton



Jeffrey Danek



Kevin Dasilva



Elias Dec



Matthew Dent





Nichole Deren



Joshuah Desantis



Emily Dewolf



Victoria Dias



Elysandra Diaz



John Domenichelli



Samantha Dominique



David Dones



Mandi Dorval



Matelyn Douglas



Emily Drown



Jacquelyn Dubour



Nicholas Dunn



William Eagen



Kayla Egan



Brianna Evans



Monica Evans



Laura Faulha



Evan Fenn



Alexandria Ferreira



Andre Ferreira



Francesca Ferreira



Nathaniel Ferreira



Tomas Fialho



Meghan Flowers



Chloe Forrant



Sean Fournier



Madison Foye



Jeffrey Freitas



Chance Gabarino



Alexis Gamache



Lauren Gamache



Arianna Garcia



Emma Garcia



Victoria Gates



Timofey Gavrilov



Thomas Gennette



Colin Giebner



Anthony Gillette



Bahar Gokcek



Derek Gomes



Dominique Goncalves



Justin Goncalves



Nicholas Goncalves



Danielle Gotta



Thomas Goyette



Daniel Grenier



Nathan Hague



Zachary Hall



Andrea Haluch



Abigail Hardy



David Harris



Hannah Haryasz



Shannon Hastings



Teresa Hoeckh



Bradley Hoffmeier



Kyle Houle



Beraa Ibas



Nicholas Jacuby



Derek Jenkins



Donovan Jennison



Hayley Johnson



Kaitlin Jordan



Nichole Jordan



Daniel Jorge



Belinda Jozefczyk



Emelie Kalesnik



Marissa Kane



Alicja Kania



Oguzhan Karaaslan



Jessica Kawalec



Tyler King-Hayes



Abby Kinsey



Richard Kuehn



Matthew Kurtz



Kane Kwatowski



Cameron Labelle



Amandalynn Lacrosse



Alexander Lafayette



Amanda Lafayette



Mikel Lafleur



Carlos Landaverde



Shane Lapointe



Ryan Lavigne



Courtney Leduc



Alyssa Lelievre



John Lenz



Briana Luzio



Cameron MacDonald



Stefania Mahar



James Malchesky



Sonia Manuel



Haley Marion



Luis Martinez



Alyssa Martins



Christopher Martins



Jordan Martins



Kayla Martins



Myranda Martins



Daniel Matias



Mika Matias



Rachel May



Kimberly McCarthy



Ciara McCready



Emilia McDaneld



Tianna Meak



Kyle Medeiros



Stephanie Medeiros



Katherine Menches



Julie Mesheau



Marc Miller



Ernad Minic



Jocelyn Minie



Sylvia Mitus



Kaitlynn Monette



Patrick Morais



Tyler Moreau



Alondra Moreno



Kayla Moreno



Raymond Morin



Nelson Mourao



Thomas Mullaney



Nicholas Mullins



Justin Nadolski



Troy Nascimento



Michael Neylon



Kirsten Noga



Nicholas Nogueira



Vanessa Nogueira



Brandon Nowakowski



Erik Nyzio



Gina Orlandi



Amanda Oski



Philip Ozzone Jr.



Lindsay Paixao



Lauren Papianou



Lindsey Pare



Joseph Parker



Derek Pashko



Gopi Patel



Anita Patrie



James Patterson



Alexis Pereira



Meghan Pereira



Kayla Perez



Kayla Perla



Michael Pierson



Cody Pinto



Nicholas Potorski



Alphonse Provost



Kayla Putz



Gaige Rame



Jason Ramos Ja



Alexia Reyes



Makenzie Reynolds



Raquel Rhodes



Diogo Ribeiro



Marissa Ribeiro



Cassandra Ricardi



Caroline Rivera



Sebastian Rivera



Liliana Rodrigues



Mario Rodrigues



Hailey Rosa



Zecarlos Roxo



Allison Roy



Christopher Ruby



Michael Ruby



Alyssa Russo



Dezeriah Ryan



Cheyenne Ryczek



Sarah Saccamando



Shyane Sakaske



Breanna Saloio



Gabriella Saloio



Sara Saloio



Justin Sanchez



Joshua Sauvageau



Logan Schinabeck



Nicholas Scyocurka



Tyler Seibert



David Serafino



Sarah Sienkiewicz



Andre Silva



Celina Silva



Karina Silva



Mary Silva



Zachary Silva



Peter Skaza



Joanna Skora



Elissa Socha



Hailey Starzyk



Kristos Stebbins



Caroline Suska



Sutherland



Kiara Tatro



Tara Tessier



Dylan Tomas



Miguel Torrao



Kelvin Torres



Heather Touchette



Hannah Tremblay



Justine Trowbridge



Nathan Turgeon



Scott Urban



Alyshia Valintine



Kyle Venancio



Tiffany Vestal



Ashley Vieu



Cory Vigneault



Victoria Vikhrev



Mercedes Villeneuve



Tyler Vital



Brittany Washington



Brandon Watt



Jason Wegiel



Brandon Wheeler



- LICTED Ethan Wheeler



Larry Whitlock



Katarzyna Wielblad



Olivia Wojtowicz



Emily Woods



Michelle Wurszt



Randall Wurszt



Thomas Yagmin



Paula Yelinek



Jonathan Young

How to be a team player.





How to build a pyramid.

(right) Sam Miele busts out a congratulatory kiss to teammate Loren Gonyea while Caitlin Van Aller looks on.

Aside from cheering at the football and basketball games the Ludlow cheerleaders competed in five invitational competitions this year. They placed 1st at three of those competitions. Senior Captain Sam Miele will be greatly missed next year along with Cat McCarthy, Mel Juliano, Bianca Suares, Victoria Allen, and Jess Barlow. Keeping the team together next year will be Sophomore Captain Michelle Almeida. One of the goals of the team next year will be to bolster their roster with new and talented Freshmen recruits.

(above right) Our cheerleaders are endlessly creative with their competition outfits and routines.

(right) Captain Sam Miele and senior Cat McCarthy pose with Coach Kate Reynolds at a football game.







(right) It takes concentration and skill to build a pyramid like this!

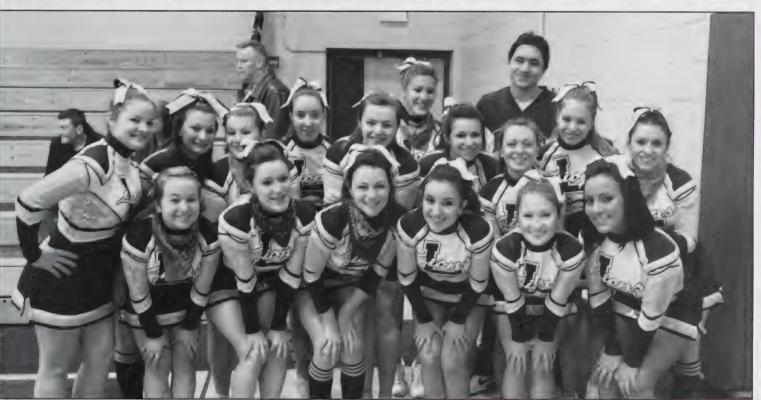




(right) The girls put their heads together for a little bonding at camp.

(below) Our girls show off their Championship form.





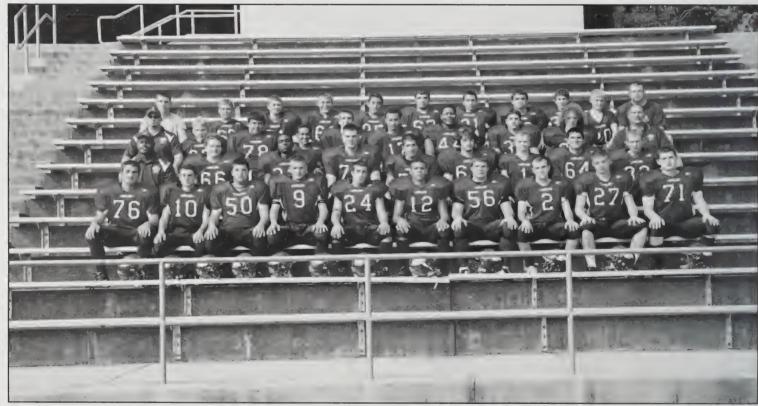
Front (L-R): Breana Vivier, Catherine McCarthy, Captain Samantha Miele, Captain Michelle Almeida, Alexis Holdsworth, Melanie Juliano, 2nd row: Victoria Allen, Heather Provost, Shauna Santos-Dempsey, Maria Stanek, Caitlin Van Aller, Allison Goncalves, Jessica Barlow, Emilie Kalesnik, Emily Wolowicz, Back row: Bianca Suares, Roberto Aquino

Senior Morgan Glanville, left, carries the ball quickly up the field

Sophomore Jordan Smith, below, sprints towards the endzone!







(front I-r)- Matt Kakely, Brian Silva, Jeremy Medeiros, Andrew Panek, Matt Simon, Dave Clark, Adam Leecock, Dan Carmody, Morgan Glanville, Bobby White. Row 2-Coach Pittman, Drake Bal, Jordan Smith, Connior Simons, Bryan Amaral, Dalton Hastings, Wes Dominique, Ryan Chenevert, Richard Currier. Row 3-Coach Picard, Justin Sanchez, Cody Pinto, Mikey Marshall, Jeremy Lamontagne, Mike Connors, Ricardo Calaso, Josh Negron, Phill Ozone, Coach Casey. Back-Jared Dias, Tyler Moreau, Spencer Provost, Derek Pashko, Luis Martinez, Kyle Medeiros, Brandon Wheeler, Shawn Fornier, Chris Albano, Matt Kurtz, Coach Cohan

How to persevere.



(Left)The lions are on the lion waiting for the ball to be thrown and hope to make some yards down the field.

(bottom left) Coach Picard gives a rousing speech to pump up his players.



This season the Ludlow Lions were able to break their losing streak when the Lions beat LHS rival. Cathedral High School. Led by seniors Dave Clark, Adam Leecock, and Matt Simon, the team chemistry is definitely better than last year. There are quite a few promising underclassmen on the team who will help carry the team's momentum into the future. Overall, team spirit and commitment remains still strong and they will persevere.





(far left) Jared Dias runs the ball up the field hoping to gain a few yards.

(left) Ludlow waits for the ball to be hiked, so they can begin the play.

How to strike a header.

(right) The girls strategize while they are in the huddle.

After the shocking upset by Minnechaug High School in the finals of the Western Massachusetts play-offs the Lady Lions, under the guidance of Senior, Alexa Anselmo, are looking for revenge. With only one senior graduating, Coach Marino is looking forward to upcoming standouts like Kaitlyn Coelho and Shannon Scott-Smith.





(upper right) Junior Varsity: (front L-R) Breanna Moylen, Sierra Marcus, Lyndsay Paixao, Lyndsey Paradis, Carly Masse, Theresa Marini, Alea Ferrero; (back L-R) Jillian Iwasinski, Justine Trowbridge, Allison Goncalves, Brittany Venne, Ashlynn Aguilar, Madison Foye, Katie Jordan, Paula Yelinek

(right) Fearsome Lady Lions work out the kinks by taking a warm-up run.



(far right) Junior Meagen Moorhouse gives Ludlow offensive control on a throw-in.





(left) Ashley Amaral skillfully eludes defenders as she moves the ball closer to the goal.

(below) Coach Marino inspires the Lady Lions with a pre-game speech.





Varsity: (front L-R) Karina Silva, Alyssa Martins, Alexa Anselmo, Kaitlin Coelho, Ashley Amaral, Elise Roberts, Mary Silva, Ariana Crespo, Megan LaPointe; (back L-R) Coach Dina Demaio, Kaycee Perreira, Jocelyn Fiorcier, MacKenzie Foye, Kara Yelinek, Lynsey Majka, Jessica Pashko, Meagan Moorehouse, Shannon Scott-Smith, Matti Dorval, Coach Kate Marino

(Brandon Quiterio (right) stares his enemies square in the eyes and says "Game On!"

Senior Fabio Rodrigues (below) looks to throw the ball into the game







(front L-R) Greg Santos, Alex Bernardo, Dylan Larrow, Alex Silva, Devin Duarte, Andre Rodrigues, Chris Pereira, Kyle Tomas, Shaun Mello, Brandon McCarthy, Jake DaSilva, Alex Goncalves (back L-R) Coach Kolodziey, Brandon Oliveira, Curtis Pereira, Brandon Quiterio, Alec Ostrowski, Shane Fraga, Antonio Bastos, Fabio Rodrigues, Nick Zucco, Stephen Lopes, Christian Mendes, Derek Kareta, Alex Goncalves, Mark Bamford, Anthony Amaral, Mike Patterson, Coach Jarvis, Coach Manganaro.

How to win a State Championship.





(left) Captain Fabio Rodrigues moves the ball quickly upfield to give the Lions the advantage.

With a stellar win to end their quest to become State Champs, the Western Mass titled Ludlow Lions recaptured their place on top of the competition. With senior leaders Mike Patterson. Chris Pereira, Mark Bamford and Steven Lopes, Ludlow posted back-to-back Western Mass titles on their way to the State Championship. Following in the footsteps of these Senior leaders are Shaun Mello. Shane Fraga, Nick Zucco, Brandon McCarthy and Kyle Tomas who will continue the winning tradition of Ludlow Lion soccer.

((left) The team warms up with a little line dancing before the game.



Chris Pereira (above) sprints quickly up the field



Mark Bamford (above) runs through the tunnel of Ludlow Lions at the game

How to hit the trail.

(right) Ludlow girls gather and prepare for their race, anxiously awaiting their chance to run.

Captain Jennifer Holley lead the Girls' Cross Country to a winning record this season. Seniors Emily Taylor and Samantha Ribiero achieved personal bests while Juniors Allie Anselmo, Laura Fanning, and Devan Therieault are going to take the team far next year. The team also participated in the Brown University Invitational where everyone on the team reached new, personal season records.

(right) Junior, Allie Anselmo, and Sophomore, Devan Theriault push to pass their Spartan rival.

(right) Senior, Danielle Keyes, finishes a great race.

(far right) Senior, Sam Ribiero, races to the finish, capping off











(right) Captain Jennifer Holley leads the pack, as she puts in her best to lead her team.

(below) Devan Theriault closes in on captain Jennifer Holley, and looks promising for next year.





(front L-R) Samantha Ribeiro, Jennifer Holley, Danielle Keyes, Karli Hanson (row 2) Allie Anselmo, Laura Fanning, Sieara Papuga, Kelly Crowe, Shannon O'Neill (row 3) Michelle Gama, Disha Patel, Carly Croteau, Devan Therieault, Alexa Repko (back) Kayla Egan, Tiffany Vestal, Britt Washington, Jocelyn Minie, Kim McCarthy

(right) Senior Justin Batista leaves the field behind.

(below) Freshmen Alex Lafayette is having a blast in his first year running XC.







(front I-r): Marcus Lafayette, Cam Frigon, Jake LaBlanc, Dan Crowley, Justin Batista, Brian Crowley, Nick Pevato, Jake LaPiere, Jeremy Pepino (row 2): Randy Wurszt, Derek Gomes, Drew Manuel, Patrick Klausek, Ben Gamache, Matt Slapecki, Kane (row 3): Nick Mullins, Scott, Tom, Alex Lafayette, Kevin Dasilva, Jake Zina. (back): Sean Egan, John Royce, Ethan Campbell, Sean Pierce, Dan Lipelles, Matt Gregoire, Eddy LaPointe

How to run fast.









(left) Juniors Ed LaPoint, Jake, LaBlanc, Dan Crowley, Nick Pevato, and Sophomore Brian Crowley finish a warm up lap.

(below) Freshman Nick Mullins and Junior Ben Gamache run their hearts out.

With last season in the rear view mirror, the Boy's Cross-Country is looking to make this season a good one. Ludlow Lions Cross-Country is headed by Coach Rebecca Gauvin and returning Seniors Justin Batista and Marck Bashaw. The future of boy's cross-country can be glimpsed in the runs of Dan Crowley, Jake LeBlanc, Nick Pevato, Marcus Lafayette, Cam Frigon, and Matt Gregoire.

(far left) Junior Dan Crowley kicks his way to victory.

(left) Junior Jake LaBlanc has his eyes focused on the finish line.

How to bump, set, and spike.

(right) Junior Varsity. (I-r) *Coach Bly, Vanessa Nogueira, Ashley Hitchcock, Taylor Graffum, Ciara McCready, Mandi Dorval, Andrea Persson, Aly Bruneault, Colleen Dusel, Nichole Martin, Katie Barrett, Makenzie Reynolds, Hannah Martin, Julie Carestia, Alyssa Russo (manager), and Hayley Johnson (manager).

With a bump, set, and spike, this year's Girls Varsity Volleyball made it to the playoffs. Leading their team were seniors Susan Skaza, Tanya Belyshev, and Patty Taylor. There was help from Ariana Quesnel and Makayla Reynolds when the team was victorious. The Girls Volleyball had great year and they look forward to leading the team to success in the future.





(above right) "I've got it!" Andrea prepares to set the ball.

(far right) "Steady... steady..." Ava focuses on her next move in the game.



(above) Morgan concentrates on the ball and prepares to bump.





(left) "Aaaaaace!" Girls Varsity chants as they get an ace.

(below) Ariana Quesnel keeps her eyes on the ball and her mind set on the win.





(Varsity L-R): Coach Annecchiarico, Susan Skaza, Morgan Doherty, Lauren Hodovanec, Ariana Quesnel, Ava Adamopoulos, Shannon Robitaille, Tatyana Belyshev, Makayla Reynolds, Patty Taylor, Managers: Alyssa Russo, Hayley Johnson

(right) A couple members of the team walk to their ball.

(below) Coach Kurt Anderson gives the team some words of wisdom before the match.







(front L-R) Nick Forzano, Collin Simons, Nick Frost, Connor Harrington, Kyle Kozaczka, Chad Murtowski, Nick Antos, Marc Miller. (back L-R) Kyle Benoit, Joe Francisco, Wesley Nelson, Casey Nolan, Thane Schinabeck, Ryan Benoit, Nick Belucci, Kevin McCullugh, Aaron MacNumara, Coach Kurt Anderson.

How to sink that putt.



(left) Seniors Kevin McCullugh and Ryan Beniot walk up to the green.

(below left) Senior Kyle Benoit tees off on one of the holes.



Golf 2010 had a great season this year. Senior leaders Kyle Benoit, Ryan Benoit, and Keven McCullough showed great poise and composure down fairways, through the rough, and across greens. Coach Anderson has high hopes for eagles and holes-in-ones from Joe Francisco and Thane Schinabeck next year.





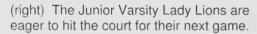
(left) Junior Casey Nolan squares himself off with the ball before his tee off.

(left) The Lions huddle to discus the game plan.

How to sink a three-pointer.

(right) An impressive line-up.

This year's Lady Lions learned a lot of lessons about team spirit and hard work. Even though the team had a tough season, the leadership of Juniors Ariana Quesnel and Lynsey Majka and Sophomore stand-out Ava Adamopoulos helped the team to stay positive. Coach Brillo is already looking forward to next year as the entire team will be returning ready to go and strronger than ever.



(right) The team warms up before their game.







(right) Ariana Quesnel floats through the air as she attempts a jump shot.







Whether flying high, dribbling fast, or weaving through the opponents, the team was on point,





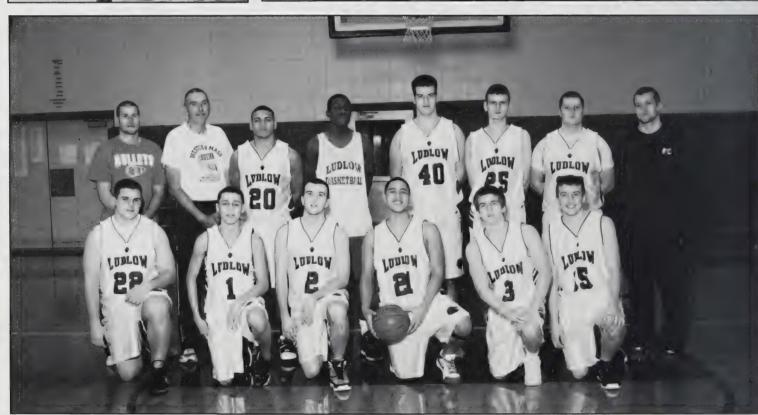
Front (I-r) Deavan Theriault, Olivia Eberli, Meagan Moorhouse, Aleasha Ferreira, Jocelyn Forcier; Back (I-r) Alyson Bruneault, Arian Quesnel, Ava Adamopoulos, Lynsey Majka, Morgan Doherty, Lauren Hodovanec

(right) Junior Connor Simonds waits patiently for the ref's call.

(below) Junior Marcus Lafayette at the line for two.







(front L-R) Adam Leecock, Chris Culhane, Dan Carmody, Jeremy Lamontagne, Natehan Gregoire (back L-R) Assistant Coach Kane, Coach Donaldson, David Clark, Jordan Smith, Connor Simonds, Marcus Lafayette, Matt LaCoille, Assistant Coach Turgeon.

How to get nothing but the net.



(left) Senior captain Nate Gregoire gets the rebound and drives to the basket.

(below left) Senior captain Josh Carlos gets a steal and goes on a fast break.



This year, the Lions' basketball team started off strong and hoped to carry a good record through to the end of the season. But with failing grades and close games, it was inevitable to escape the many ups and downs. Veteran Varsity players Kyle Wright, Josh Carlos, Nate Gregoire, David Clark, and Adam Leecock tried to pick up the pieces and lead the Lions to some key wins. Newcomers Jeremy Lamontagne, Connor Simonds, Matt LaCoille and Marcus Lafayette brought their own intensity to each game. Coach Donaldson has high "hoops" for next year's team and hopes to guide them to a winning season!





(far left) Senior Captain Kyle Wright is unsuccessfully guarded by a West Side defender.

(left) Coach Donaldson gives the team a pep-talk before the game.

Left: Aryelle Texiera

Far Left: Nick Houle represents the swim team.

Below: Junior Steffanie Hotaling









back I-r: Nick Potorski, Nick Houle, Sean Fournier, Kelly Crowe, Bryon Amaral, Paul Crevier, Angela Harrington, Jessica McVeigh, Laura Fanning, Nick Lapointe, Alex Goncalves, Nick Mullins, Lindsey Paradise, Chelsie Johnson, Chloe Forrant middle I-r: Tim Gavrilov, Nicole Turgeon, Brianna Harris, Paige Mullins, Katie Barrett, Haley Johnson, Justine Trowbridge, Sam Belanger, Jamie DeSimone, Alyssa Fialho, Katie Jordan

front I-r: Disha Patel, Alexis Perriera, Brittany Marsden, Amanda Marsden, Katie Frodette, Delaney Dyjak, Hannah Martin, Aryelle Texiera, Kara B, Steffanie Hotaling, Stephanie McVeigh

How to do the butterfly kick.



front I-r: Disha Patel, Alexis Perriera, Brittany Marsden, Amanda Marsden, Katie Frodette, Delaney Dyjsak, Hannah Martin, Aryelle Texiera, Kara B, Steffanie Hotaling, Stephanie McVeigh, back I-r: Kelly Crowe, Brianna Harris, Paige Mullins, Angela Harrington, Jessica McVeigh, Laura Fanning, Katie Barrett, Haley Johnson, Justine Trowbridge, Sam Belanger, Jamie DeSimone, Alyssa Fialho, Katie Jorden



front I-r: Nick Houle, Nate Turgeon, Tim Gavrilov, Sean Fournier back I-r: Nick Potorski, Nate Lapointe, Paul Crevier, Bryon Amaral, Alex Goncalves, Nick Mullins





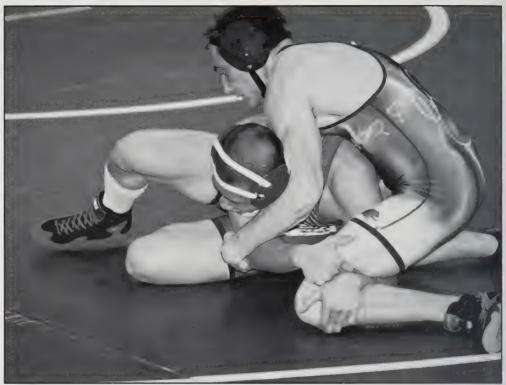
Right: Sam Belanger

Far right: Amanda Marsden

(right) Brian Persson runs a cross-face on the opponents.

(below) Coach K gives Ryan Wytas a pep talk. This is a frequent occurrence both before and during a match.







How to get the take-down.

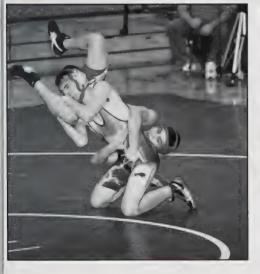


(top left) Carlo Palazzo faces off with a West-side opponent.

(bottom left) Chris Scagliarini shoots a single.



This season the Lions wrestling team was small but fierce. Out of fourteen weight classes Ludlow only has nine filled. This puts them at a disadvantage, however it also drives them to try and pin almost every opponent. Seniors Brian Persson and Bob Gillette, who is a new addition to the team are working on their final season. Junior Chris Scagliarini is the team captain and leads the team in stretches and is known amongst his team for his good work ethic. A lot of newcomers came and went but the ones that stayed are making the difference, such as Chris Goulet.





(far left) A take down!

(left) Brian Persson posts on the opponents head. This is a critical move before setting up shots.

(right) Joe Ziemba prevents a wipeout.

(below) Patty Taylor shows off her Picabo Street form.







(I-r) Hannah Eberli, Joe Ziemba, Zack Ziemba, Jeremy Morris, Ryan Benoit, Stefan Erickson, Jon-Luc Lavoie,

How to carve a turn.









(left) Stefan Erickson shows his poise and focus.

(below left) Ryan Benoit expertly uses his edges to attack the gate.

With the huge amounts of snow we received, the 2010-2011 season will go down in the record books as an outstanding year to be a skier. Following Coach Smith's lead, the Ludlow High School's skiers took to the slopes this year with spirit, poise and the determination to have a great season. Zack Ziemba capped off his season by qualifying for special seeding at the Western Mass Individual competition. Keifer Kaleskik-Orszulak posted standout performances over the course of the season that not only qualified him for Western Mass Individuals but also the State Competition. With talent like this, the team is sure to climb to new heights next year!

Whether it's carving a turn close to the gate or shooshing towards the finish line, Hannah Eberli and Chris Barbeau have what it takes.

(right) Lions Josh Garete looks focus and ready to play.

(below) Senior Brett Bohl takes a shot on on net.







Front L-R: Nick Dunn, Cam Beaulieu, Coach Chandonet, Dylan Iarrow, Coach Ribest, Brett Bohl, Coach Soja, Aniel Russo, Bobby Gavoni

Back L-R: Vanessa Nogueira, Greg Cormier, Nick Pevato, Thane Schinabeck, Nick Fratamico, Garett Montagne, Billy Kimball, Richard Currier, Nick Foranzo, Marc Miller, Joe Curtis, Cam Frigon, Josh Garete, Mike Modzelewski, Aaron MacNamara, Julie Carestia

How to put the biscuit in the basket.









(left) Goalie Bobby Gavoni plays the puck to keep the play going.

(left) The lions gather and celebrate one of the many goals of the season.

(below) Senior Billy Kimball is looking to move the puck up the ice.

With a disappointing end to the 2009-2010 season, the Lions hockey team has bounced back and is looking to make it past the first round of the play-offs. With coaches Paul Rivest and Jeremy Soja behind the bench for another year the team is poised for a great season. Lead by seniors Dylan Larrow, Brett Bohl, Billy Kimball, Bobby Gavoni, Joey Curtis, Josh Garete, Aniel Russo, and Nick Fratamico, and show the underclassman what to do. And with a tough schedule ahead of them, they are looking to do some damage, and show the other teams how to do it.

(left) Sophomore Mike Modzelewski takes a shot on net hoping for a goal.

How to lead the way.

Expect success...every child...every day, is the mantra of the staff at LHS. This well-educated staff works extremely diligently all year in order to guide all Ludlow graduates into a successful future in the world at large.



Jennifer Allard



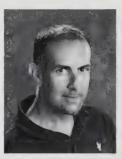
Kurt Anderson



Felisa Andross



James Annear



Mark Augusto



Anna Baboval



Jessica Barbeau



Carol Bardon



Lisa Benoit



Tracey Blair



Thomas Bly



Lydia Brady



Tina Braga

Brian Bylicki



June Bresnahan





Charles Cangemi



Theresa Bullock



Cory Carr



Holly Chacon



Stephanie Chmura



Dorothy Chrzan



Tammy Cook



Linda Courtney



Marilyn D'agostino



Amanda Davis



Nicole Deshosiers



Bonnie Dias



Christina Dionne



Rachel Durante



Michele Edberg



Gary Elson



Martin Fanning





Alice Gallagher



Darlene Fonseca



Michelle Fontana



Cynthia Goodreau



Adam Graves



Jamison Hedin



Daniel Henry



Rebecca Gauvin



Natalie Gebo



Deborah Iby



Eric Johnson



Robert Johnston



Ingrid Jones



Daniel Kelleher



Ruth Kellogg





Daniel Kinne



Maria Kites



Karolina Kopczynski



Eliza Lacroix



John Lattanzio



Hollington Lee





Amber Lowe



Kathleen Marino



Susanne Markus



Michelle Masse



Rebecca Mathisen



Stavroulla Mavroudhis-Koelsch



Kevin McAvoy



Lisa McCullough



Anna Miranda



William Moge



Regina Momnie



Brian Mulvehill



Dolores Nacewicz

Susan Phelon



Ericka O'Connell



John O'Connor



James O'Hearn



Beth Oliveira



Richard Oliveira



Jessica Olmo





Pamela Pease



Leonard Phelon



Alissa Pereira



Jennifer Picard



Barbara Piela



Elizabeth Pierga



Aderito Pires



Laurie Pollard



Teresa Poteat



Deborah Potter



Keisha Powell



Jennifer Prior



Brendan Quinn



Christopher Rea



Dot Rhodes



Lisa Roy



Carlos Sanches



Joanne Santos-Pontes





Rebecca Scibelli







Brett Smith



Meredith Smith



Lolita Skinitis

Matthew Snow



Donna Soja



Carolyn Squier



Leah Skutel

Nancy Swol



Patricia Targonski



Gayle Thomas



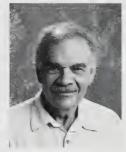
Michael Thompson



Brittany Usher



Peter Vamosy



John Vdovjak



Brian Walsh



Mary Beth Will



Keith Woodman



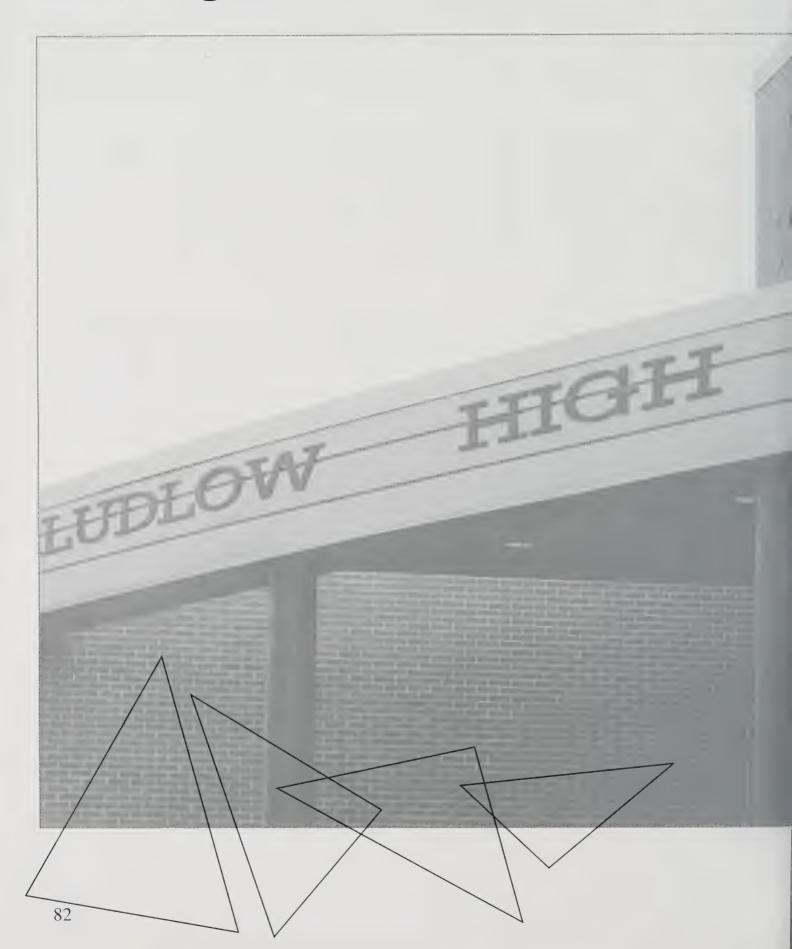
Diane Wright

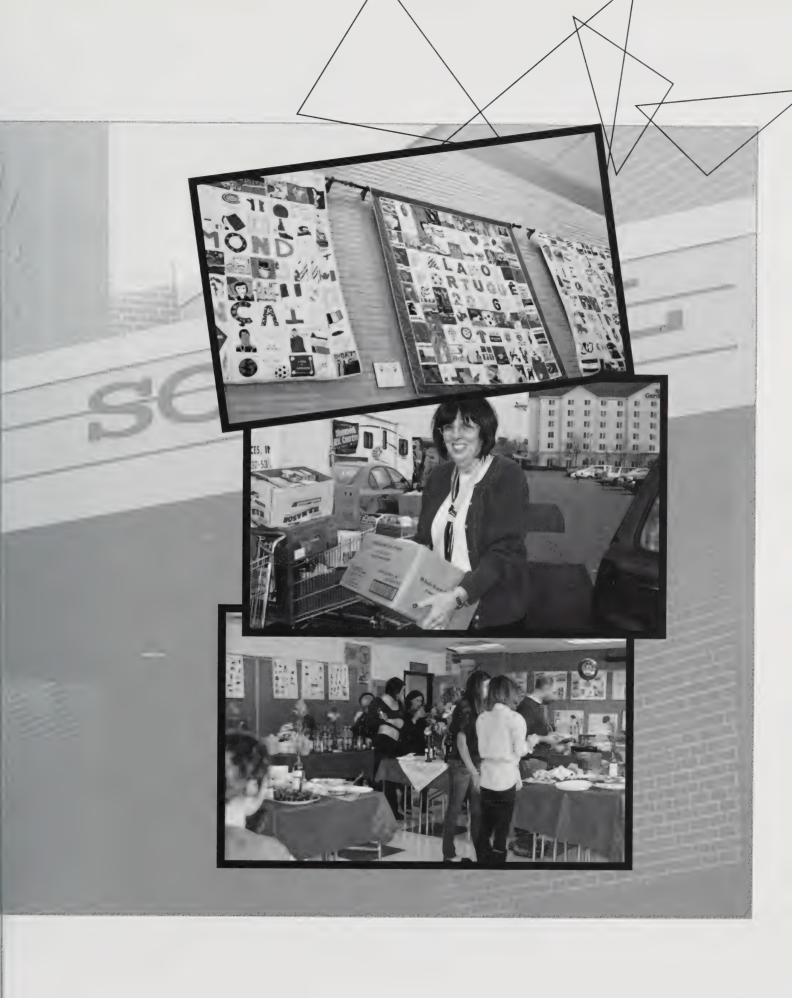


Mary Zywiak



How to get involved.





How to enjoy a cup of coffee.

The Paw Literary Magazine hosted it's annual Coffee House on December 10th 2010. The night was an amazing success. Although Coffee House shared the night with the Winter Tip-off Classic, students and teachers had a great time bouncing from one event to another. With over a 100 people in attendance and over 30 acts the show went on even past it's scheduled time.













How to make music.



(front L-R) Kristine Consuegra, Christina Charpentier, Kim Babiec, Andrea Haluch, Joanna Skora, Ariana Caci, Becky Costa, Maggie Lau, Alondra Moreno, Marissa Ribeiro, Bryan Amaral, Marcus LaFayette

(row 2 L-R) Kayla Egan, Sylvia Mitus, Emily Taylor, Nicole Picard, Olivia Noguiera, Chris Evans, Alex McDaneld, Sean Egan, Emilia McDaneld, Kelly Crowe, Cassy Goncalves

(row 3 L-R) Nathan Hague, Peter Skaza, Brandon Nowakowski, James Constantino, Zach Hall, Shannon Crowe, Karina Silva, Brian Saloio, Thomas Yagmin, Andre Ferreira, Billy Egan

(row 4 L-R) Liz Kania, Nate Ferreira, Jon DeJesus, Patrick Klosek, Collin Blake, Brian Silva, Ryan Chenevert, Nate Turgeon, Aaron Martinez

(row 5 L-R) Ava Adamopoulos, Mel Arocho, Eric Laamanen, Brian Crowley, Ethan Barrieau, Steve Hensley, Jon Royce, Catherine Duroche, Anna Mowry, Toriann Portier

(row 6 L-R) Xavier Pereira, Tyler Snyder, Stefan Ericksen, Ian Dansereau, Miles Iwasinski, Nick LaPierre, Kyle Cote







Period 6 Chorus (front-back, left-right) Emma Garcia, Alcie Rodriguez, Heather Provost, Lauren Basile, Shauna Santos-Dempsey, Alexandria Albano, Hailey Rosa, Jessica Barlow, Rachel Mae, Amandalynn LaCrosse, Caitlyn Fratini, Hannah Martin, Mr. Henry, Adam Sanders-Fromm, Jesse Charron, Tomas Fialho, Christian Albano, Matthew Simon, Steven Leandres, Christopher Barbeau, Christopher Drewniak, Bryan Rae, Stephanie McVeigh, Kayla Putz, Monica Evans-Lind, Meghan Flowers



Period 2 (front-back, left-right) Ashley Hibbard, Stephanie Norris, Heather Silva, Amber Chisholm, Alycia Eugenio, Sakuna Sopak, Julie Mesheau, Annie Vaudrin, Rebecca Clark, Mr. Henry, Michaela Socha, Davis Hogan, Stephen Hensley, Andrew Panek, Elaina Therrien, Mercedes Villeneuve, Dagmara Bragiel

How to make headlines.

The staff at The Cub has had a very eventful year. A new Principal, an epic winter, and the launch of their online newspaper all kept the staff and their advisor Mr. Cangemi busy. In February The Cub decided to take their

well loved paper online. Students could access and read The Cub from anywhere by going to www.ludlowcub.com . The website featured articles of interest as well as a great staff page that let the rest of the school know more about the reporters. The Cub was also responsible for hosting the annual Homecoming.



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NEWS FEED

The Cub

The news site of Ludlow High School

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TOP STORIES »» LHS GYMNASIUM RE-OPENS

Samantha Godding, News Editor March 23, 2011

After being closed since mid-February the LHS gym is now open. "We're back in business in every aspect, " said Principal... READ MORE »»

> Caption: Sophomores Kyle Zacharewicz and Eric Rucki enjoy playing basketball in the re-opened LHS gym

AD



OPINION

White Noise: The true senior year experience

Bobby White, Editor-in-Chief

Coming into senior year, I was anxious to experience the advantages of being an upperclassman. In the past, I watched older friends graduate and leave behind a sort of legacy... Read more »

March 14, 2011

OTHER RECENT **OPINION STORIES**

- Some facebook groups could break the law March 4, 2011
- LHS picks from substitute teacher grab bag March 2, 2011



P.E. creates its own **March Madness**

Samantha Godding, News Editor

The physical education and art departments are using the NCAA tournament to teach students about colleges for "college month," which is being held this March. Information... Read more »

March 21, 2011

OTHER RECENT NEWS STORIES

- Seniors anticipate class activities March 18, 2011
- Vandalism sparks plea from administration March 17, 2011
- Senior Show to be held at Belchertown High March 15,

SPORTS

First Person Perspective:Track and

Bobby White, Editor-in-Chief

From June to March, I eagerly await my most coveted season in my athletic career: Track season. It is during the Track season in which I achieve my favorite moments. Each... Read more »

March 17, 2011

GALLERY

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POLLS

How do you feel about the administration locking most of the bathrooms?

- O It needs to be done to stop the vandalism.
- O It does not affect me at all.
- O It's not fair to the bladders of innocent students.

How to steal the show.

The 2010-2011 Drama season was full of obstacles and celebrations. After the auditorium was closed due to snow issues in February the Drama Fiefdom had to move their Night of One Acts. On a high note, the LHS Drama club

qualified for state semifinals with a play called My Pretty Life. Although Mrs.Clark saw a cast of nearly all new performers, two stars shone brightly. Andrew Lavigne and Steph Glanville won individual awards!





Above: Off the stage and behind the scenes, the not so glorious job of costume preparation.

Right: In the middle of My Pretty Life.





Front (left-right) Alex Albano, Haley Carroll, Kathryn Var, Chelsea Jeronimo, Andrew Zrakas, Zach Breault, Steve Hensley, Davis Horgan, Nicole Picard, Phil Aniceto, Haily Kelliher. Second Row (left-right) Conner Stange, Emma Sexton, Caitlin Duffy, Katrina Kobus, Nichole Martins, Kyle Kozaczka, Helen Nguyen, Khristine Consuegia, Jon Young, Siearra Papuga. Third Row (left-right) Katrina Digolria, Michelle Pires, Stephanie Norris, Joey Andrade, Corey Costa, Sean Pearce, Jake Zina, Mel Arocho. Back Row (left-right) Emily Wolowicz, Nadia Alves, Cassie Picardi, Danielle Gotta, Emily Drown, Lili Rodrigues, Amanda Banks, Emma Garcia.



Left: All together on stage performing for semi-finals.

How to interact.

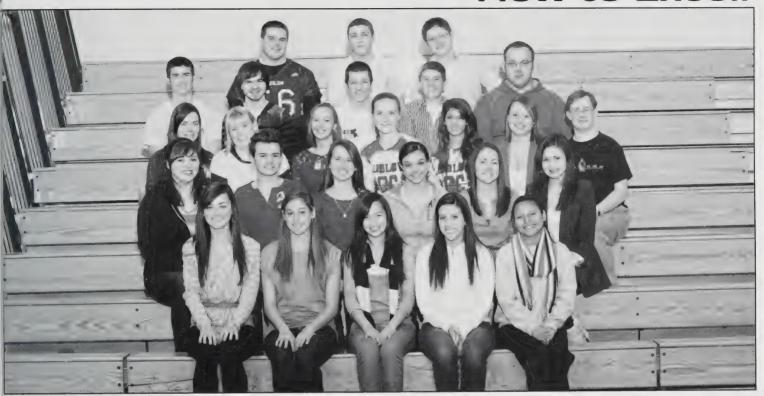


Front (L-R) Angela Pereira, Brittany Marsden, Rossano Butcher, Kristen Bousquet, Mrs. Olmo, Catherine Bunko, Kimberly Babiec, Kristen Oliveira, Abby Walczak, Michelle Pires, Katrina Digloria, Gina Orlandi, Alicia Porter, Andrea Serpas



Above: Interact members display their Relay For Life banner. This is just one of many community service projects that interact takes on to improve their local community and the world at large.

How to Excel.



Front (L-R): Giana Manganaro, Alexa Anselmo, Thivy Pham, Alexa Tereso, Dolores Francisco, Brianna Harris, Rossano Butcher, Aimee Goncalves, Jessica McVeigh, Katy Kozlik, Olivia Quiterio, Rachel Foran, Amanda Marsden, Susan Skaza, Jen Holley, Samantha Ribeiro, Katie Kimball, Chris Drewniak, Kyle Benoit, Mike Ziencina, Zack Ziemba, Ryan Benoit, Joseph Targonski, Adam Leecock, Peter Anselmo, Zack Breault



Above: Thivy Michelle and Katie Kimball are all smiles packed into the small car, surrounded by generosity. Ludlow raised \$6,730.11 worth of items for needy families on Thanksgiving.



Above: Seniors Rachel Foran and Amanda Marsden carry food from the cars to one of the Mayflower Marathon's many trailers.

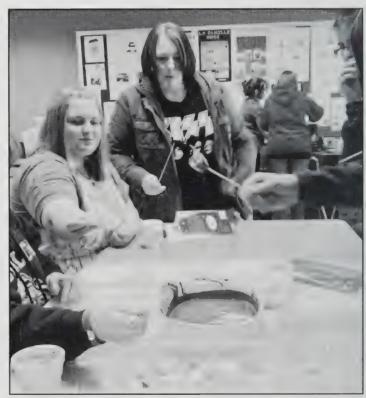
How to parler.



(top L to R) Madame Cook, Joe Targonski, MAURICE, Joe Vitorino, Jon Royce, (middle I to r) Taylor Simpson, Melissa Wojcicki, Hannah Martin, Jocelyn Minie, Gina Orlandi, Stephanie McVeigh, (bottom I to r) Eva Kernan, Shauna Santos-Dempsey, Ali Leecock, Ali Goncalves, Emelie, Kalesnik, Lauren Papianou, Mandi Dorval, Katrina Kobus



Abive: Mike Ziencina enjoys some hot chocolate at the Fondue Party.



Abive : Everybody in this chocolate pool of French fun. C'est Bon!

How to hablar.



(front L-R) Estefaia Galvan, Thivy Pham, Dolores Francisco, Tatiana Hoeckh, Jessica McVeigh, Zack Ziemba, Peter Anselmo, Aaron Martinez (row 2) Abby Kinsey, Kristen Noga, Mika Matias, Kathryn Vaz, Cassandra Goncalves, Mel Arocho, Crystal Rodriguez, Alicia Porter (row 3) Jonathan Young, Gina Anselmo, Khristine Consuegra, Gopi Patel, Belinda Jozefczyk, Vanessa Noguiera, Tiffany Blake, Olivia Wojtowicz, (row 4) Ryan Lavigne, Nathan Hague, Jacob Chappel, Danielle Gotta, Emily Drown, Amber Sutherland, Kara Baillargeon, Hannah Eberli (row 5) Alyson Bruneault, Ariana Quesnel, Josh Carlos, Melissa Modzelewski, Rachel Foran, Ashley Picard (back) Gianna Bracci-Walsh, Hannah Harysz, Erica Christie







How to falar.

Being Portuguese is part of Ludlow's heritage and pride. As a result this is one of the largest and most active clubs in Ludlow High School. At the beginning of the year they did a car wash, to raise money. They

raised a ton of money.
The club celebrated
Sao Martinho day with
food and festivities.
One of the featured
dishes were pasteis de
bacalhau or cod fish
balls to those who don't
know. Many of the staff
and faculty at Ludlow

High School attended the event which took place after school. The members of the club educated them on Portuguese culture. The food and music lifted everyone's moods. The Portuguese Club looks forward to next year's celebrations!





Top Right: A surprise guest! Maria Fagundes joins Mr. Pires.

Right: The staff at LHS show their support and their Portuguese pride.









Above: Mrs. Santos-Pontes and Alicia Ferreira pose for a much needed picture of appreciation.

Left: This club knows how to put on a spread.



(front to back L-R) Breanna Saloio, Olivia Nogueira, Alexa Grelha, Alicia Ferreira, Vanessa Roxo, Alexa Anselmo, Allie Anselmo, Kaitlyn Coelho, Alexis Pereira, Angela Pereira, Sophia Fernandes, Jessica Fonseca, Jillian Batista, Rossano Butcher, Sra. Santos-Pontes, Filipa Saraiva, Shawn Tavares, Zecarios Roxo, Tyler Martians, Chris Ganhao, Nelson Rodrigues, Alexa Tereso, Olivia Quiteiro, Felicia Rodrigues, Michelle Almeida, Kayla Lucas, Stephanie Rodrigues, Nathan Ferreira, Marissa Kane, Teresa Hoeckh, Tyler Bastos, Philipe Costa, Jake Chappel.

How to contemplate.



front I-r: Steve Hensley, Ernad Minic, Shawn Tavores, Andrew Muzzy, Richie LaRocque, Zach Breault back I-r: Davis Horgan, Sean McCarthy, Daniel Lipeles, Ethan Dec, Thivy Pham, Andrew Lavigne, Steph Glanville, Justin Batista, Mike Alves



front I-r: Everett Dec, Kyle Kozaczka, Nicole Martins, Caitlin Duffy

How to exercise your rights.



Front I-r: Katrina Kobus, Drew Petrolatti, Helen Nguyen, Caitlin Duffy, Stephanie Norris, Mecedes Villeneuve, Michelle Pires

How to be completely random.





How to control traffic.



front I-r: Jennifer Auger, Delores Francisco, Katie Kimball, back I-r: Alicia Porter, Cassandra Goncalves, Felicia Rodrigues, Filipa Saraiva



back I-r: Steph McViegh, Alexa Tereso, Matt Simon, Billy Kimball, front I - r: Amiee Goncalves, Delores Fransico, Jenn Auger

How to conquer and divide.



(back I to r) Patty Taylor, Amiee Goncalves, Brett Bohl, (front I to r) Mr. Annear, Jessica Barlow, Mrs andross



As Schools Match Wits: (L-R) Emily Assarian, Angela Perreira, Susan Skaza.

How to get the green bounce.



Front (L-R) Christopher Drewniak, Peter Skaza



Front (L-R) Ms. Bullock, Josh Wheeler Back (L-R) Tatianna Guerreiro, Samantha Forget, Stephanie Gibbs, Marissa Lozada

How to make the right choices.



Front (L-R) Jenn Auger, Olivia Quiterio, Aimee Goncalves, Thivy Pham, Gina Orlandi, Emily DeWolfe, Cody Dias, Mary Silva, Dolores Francisco, Shannon Scott-Smith, Steven Silva, Jessica McVeigh, Konnor Walsh, Joe Viterino, Sergio Dias, Kayla Moreno, Mr Johnston



How to capture Ludlow High...



How to lead.



front I-r: Disha Patel, Aryelle Teixeira, Alyssa Fialho second I-r: Allison Leecock, Allisen Goncalves, Cassandra Goncalves third I-r: Nate Gregoire, Samantha Forget, Tatianna Guerreiro, Melanie Arocho, Tiffany Blake back I-r: Brittany Marsden, Rachel Foran, Catherine Bunko, Crystal Rodriguez, Alicia Porter







How to make the Lions roar.



front I-r: Alexa Anselmo, Giana Manganaro, Jessica Barlow, Kelly Cardarelli, Carissa Prokop, Alicia Porter, Eva Kernan, Andrea Serpas, Thivy Pham, Alexa Tereso, Jennifer Holley, Samantha Ribeiro 2nd I-r: Brianna Harris, Kyle Benoit, Susan Skaza, Amanda Marsden, Rossano Butcher, Brittany Marsden, Katie McNamara, Jennifer Auger, Billy Kimball, Ryan Benoit 3rd I-r: Angela Bracci, Angela Pereira, Stephanie Garrett, Raquel Foran, Cassandra Goncalves, Bryan Amaral, Melissa Modzelewski, Aleasha Ferreira, Zach Breault, 4th I-r: Filipa Saraiva, Felicia Rodrigues, Crystal Rodrigues, Catherine Bunko, Katy Koz, Jessica McVeigh, Olivia Quiteiro, Aimee Goncalves, Dolores Francisco, Katie Kimball, Josh Carlos







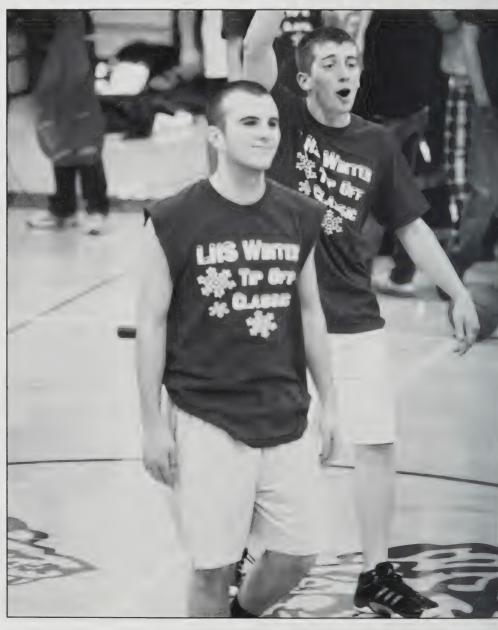
How to "tip-off" the winter.

Rookie Athletic Director Tim Brillo organized a new and exciting way to usher in the Winter Sports and Activities season. Battle of the Classes events like a three-legged relay and a hula hoop endurance contest were on tap to start off an exciting evening. The entire night was "tipped off" by a hard-fought basketball battle between the LHS Faculty and students. After four intense quarters, the students squeaked out a win led by the outstanding play of Josh Carlos, Nate Gregoire and star rebounder, Jenn Auger. Everyone agrees that this is a tradition to continue in the future!



(above) A future Tip-off participant.

(right) Carmody and Gregoire scoff at the competition.





(left) Mr. Walsh shows off his Hokey Pokey form.

(below) No on can believe what Mrs. Mathisen is saying!





(left) "Coach" Shannon Robitaille makes a classic comeback to basketball.



















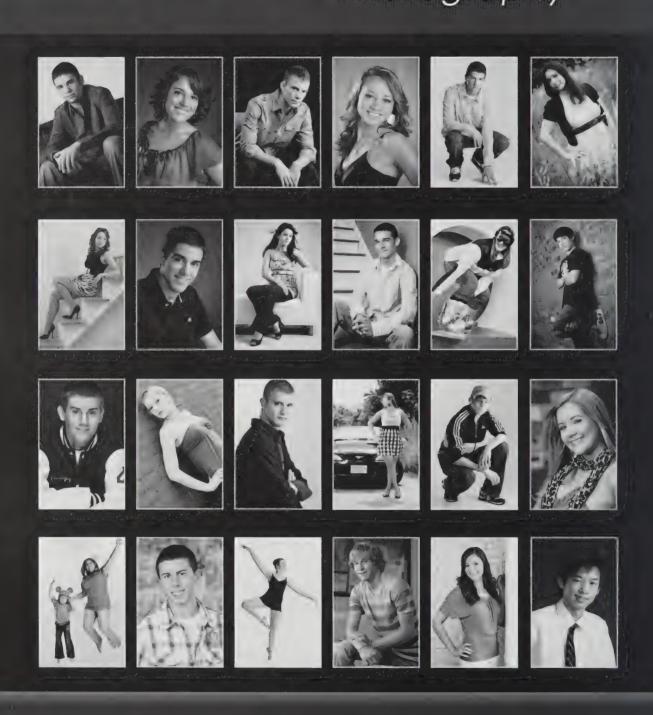








Steinmetz



www.steinmetzphotography.com 413.737.1400

Richie LaRocque

Congrats Lil Brother!

Hope your next year is B.A.

Love,

Ronnie



Felicia Rodrigues

Congratulations!
We are so proud of you! Good luck in the future.
Love,
Mom, Dad, Nelson and Grandma



Christopher Drewniak

Christopher,

When you were born, we had "no clue" how much love and inspiration you would bring to the world. You make a difference in every life you touch. You have amazed us with all that you have done and we are so proud of you. We love you very much and will always love and support you for as long we all live. Congratulations Chris! Remember to always do your best and go for the gold!

With all our love, Mom, Dad, Eric and Nathan



Alegra Goncalves

Alegra,
Just a girl, out in the world?
Following her dreams?
Doing good?
Making a difference?
We are so proud of who
you've become!
Good Luck at CIA!



You will always be such an inspiration to me! Love, Mom



You will always be my "Beautiful gal"! Love Dad



Aniel Russo

Independence
Is what you are striving for;
You are spreading your
wings,
Ready to Soar.
Enjoy every day;
Life's not a race;
This is your time;
Go at your own pace
Use your talents;
Reach for the stars;
Just keep moving forward,
And you will go far.
We are so very proud of you!
Love, Mom, Dad, Alyssa, Meme & Pepe,
Nonna



Jessica McVeigh

Jessica.
Congratulations on all your high school achievements. We could not be more proud of you. Always remember to keep Christ first in your life. Proverbs 3:5-6 Love, Mom and Dad



Cat McCarthy

We are so very, very proud of you!!! You have accomplished so much and have faced so many obstacles along

You truly have such a fire within you; that same fire will allow you to conquer all.

Best wishes always for health, happiness and success. Remember to always reach for the stars and to follow your dreams!!!

Love always, Mom, Dad, and Kim





Brianne Wheelock



Congratulations!

We are so proud of you. May all your dreams come true!

With all our love. Mom, Dad and Tyler



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Megan Conchina

Megan,

You have worked very hard and we are so proud of the amazing person you have become. You light up the room with your smile and laughter and we are so thankful you are our daughter, step-daughter, and sister. The future is yours for the taking and we will be cheering you on every step of the way!

Mom, Chris, Andrew and Ella





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JORGE M. RIBEIRO (413) 575-4792

Bus. (413) 583-4555

Fax (413) 589-9102

348 WEST AVENUE, LUDLOW, MA 01056

Patty Taylor

Patty,

You are the brightest star in my eyes---I love you and I am very proud of you.

Love. Mom





Rich Larocque



Rich, We are so proud of you. Love, Mom and Dad

Susan Skaza

Susan

When you were born, it was on your terms

When you started school, you didn't look back.

Now that you're graduating from high school, keep looking forward and make the most of what life has to offer.

Congratulations!

Love,

Mom, Dad, Peter & Elizabeth





Alex Bernardo



The man you have become has made us so very proud. Stay true to yourself and remember, it always starts at home with your family.

Mom, Dad, and Joao

Tyler Bachorz





Congratulations!

Kyle Benoit

Kyle:

You have grown to be an amazing young man who has made us proud each and every day. We are truly blessed that you are our son and Jacqueline's big brother. You have continued to make Dad smile as he watches you carry forward his legacy in such an honorable and noble manner. Forever our Hero.

Congratulations my son. Love always... Mom, Jacqueline and Dad







Kevin Dusel

Hey Baby . . .
There ain't no easy way out.
Hey . . .
I'll stand my ground.
And I won't back down.
-Tom Petty

We are so proud of you, Kevin--

Love, Mom, Dad, Krystyn, Lauren and Colleen









Giana Manganaro and Alec Ostrowski





We are so proud of you and
Love you very much!
Remember, wherever you go,
And whatever you do,
Don't forget . . .
You can always come home for Sunday Dinner!
Congratulations Cousins!

Love You Both!
Your Family
xoxoxoxo

How to kick back and relax.





THE LION

